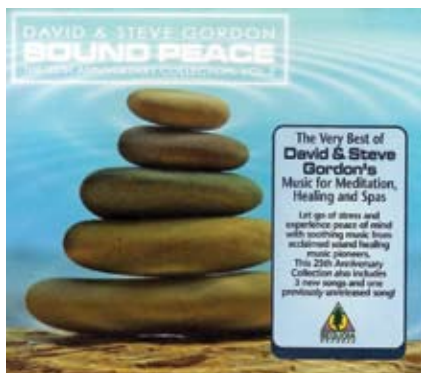


Music Reviews

NEW MUSIC at Crazy Wisdom

Sound Peace cd: The 25th Anniversary Collection Volume 2 by David and Steve Gordon

This very best of sound pioneers David and Steve Gordon's music for meditation, healing, and spas includes four new and unreleased songs. Let go of stress with this serenely beautiful music featuring grand piano, acoustic guitar, harp, flutes, and nature sounds. Used by leading spas and clinics, this music is powerfully effective for meditation, healing, yoga, reiki, sleep, and relaxation. *The Guide to New Age Music* writes, "A peaceful retreat from the world's tensions... A must have!" The Gordons' have sold over 1.5 million albums since 1982. Shelved with Meditation music. \$15.98



Eckhart Tolle's Music to Quiet the Mind cd by various artists

Relaxed listening is one of the most effective ways to realize what Eckhart Tolle calls the "joy of Being". With *Music to Quiet the Mind*, you have a golden thread into the vast spaciousness and power of presence. Purposefully sequenced for a grounding and calming effect, this inspirational compilation includes the soothing voice of Deva Premal, international superstar of chant, ambient selections from the avant-garde musician Steve Roach, a modern arrangement of Satie's Gnosssienne 3, and the pure and healing sounds of Tibetan flutist Nawang Khechog, among others. "Music creates a bridge for people to move out of thinking and into presence, teaches bestselling author Tolle. This renowned spiritual teacher offers a hand-selected collection of his favorite pieces to transport you to the space and beauty of the Now. Shelved with Meditation music. \$17.98



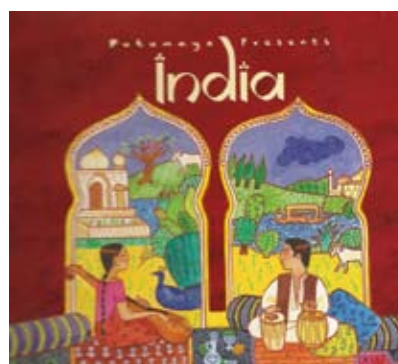
Drum Cargo cd: Rhythms of Fire New drumming music by David and Steve Gordon



Another wonderful new cd, and very different from *Sound Peace*, is *Drum Cargo*, an exhilarating drum expedition of exotic percussion and native flutes. Connect with the healing power of the ancient beat with these entrancing grooves of drums and percussion from every corner of the planet. An energizing drum trance journey great for dance and movement, exercise, driving or any time you need a lift. Move to the deep resonance of primal world rhythms and get in sync with the heartbeat of the earth.

Billboard Magazine writes, "The Gordon's have juiced up the tribal groove. Their rhythms are compelling." Shelved with Drumming music. \$15.98

India cd presented by Putumayo World Music



This captivating musical masala features mesmerizing vocals as well as gentle beats in the rich tradition of Indian music. Indian music is probably best-known around the world as a result of Ravi Shankar's influential sitar performances and, more recently, popular films. Other classical Indian instruments are equally significant, like the tabla and santoor. Beyond Bollywood, there are other pop and traditional genres such as the rhythmic Punjabi dance music called bhangra and the devotional Sufi qawwali.

This collection offers a broad sampling from traditional sounds to Bollywood pop hits, plus contemporary songs blending the influences of East and West. All Putumayo music cds are only \$13.95 at Crazy Wisdom!

Touching Wholeness: Yogas of Tibet

Tantric Buddhism has developed a unique and powerful system of moving yoga that unites breath, postures, movement and visualization to heal body and mind and awaken subtle levels of well being. Methods of Trulkor, or Yantra Yoga, exist in both the medical Tantras, where they work to balance and harmonize body, emotions and mind, and also in the Secret Tantras, where they are part of the inner work of awakening mind to Buddha nature.

A-tsal Khandro combines 15 years of extensive study of both methods with 25 years experience as a psychotherapist specializing in the relationship between body, mind and feelings.

This introduction to the Yogas of Tibet is an excellent way to discover this dynamic form of emotional and mental balancing and spiritual awakening. It also acts as the prerequisite for on-going classes in the Yogas of Tibet.

June 26, 7:30 pm | Free introductory talk
June 27, 9:30 - 4:00 | cost \$65

for information:
atsalkhandro@gmail.com
(734) 663-3842

Crazy Wisdom Tea Room

Mother's Day Tea with the Fairies

SUNDAY, MAY 10TH AT 2 P.M.

Children and their families are welcome for tea and petits fours served by real-life fairies. Celebrate Mother's Day with the fairies as they serve tea, treats and magic. There will be a story time read from books available at Crazy Wisdom. Fairy attire is encouraged. Be Creative!

Register early as our next Tea with the Fairies will not be until Autumn 2009!
Contact Lily at 665-9468; lily@crazywisdom.net
114 South Main Street Ann Arbor, MI
www.crazywisdom.net

\$10.50 per person
(Babies 18 months and younger free)